

Table of effectiveness of steroids and expected side effects			
Name	Properties	How much you can gain weight per course / kg	Approximate weight loss / kg
Methandienone (Dianabol)	Rapid growth in total body muscle weight and increase in strength.	8-12 kg of muscle mass	3-4 kg
Turinabol	Increased strength. Release of free testosterone in the blood.	4-6 kg of quality muscle mass	Minimal loss of muscle mass
Anavar (Oxandrolone)	Increased strength: endurance and motivation. Reducing the amount of fat.	1-2 kilograms of muscle mass	There is no effect of loss of muscle mass
Stanozolol	Increased energy by combustion of Body Fat. Drawing muscle fibers and removing excess water from the body	5-6 kg of muscle mass	1-2 kg
Testosterone	Increase in strength and overall muscle mass, motivation and libido.	7-8 kg	2-3 kg
Nandrolone	Strengthening immunity, joint and ligaments. Increased growth of muscle mass and strength.	8-10 kg	1-2 kg
Trenbolone	Reducing cortisol, increasing levels of growth hormone, rapid muscle growth.	10-12 kg	2-3 kg
Sustanon	Increased libido and protein synthesis and muscle growth.	6-8 kg	1-2 kg
Stanozolol (injectable)	Excretion of water, drawing of the relief of muscles. Pronounced fat burning effect.	3-4 kg of muscle mass	There is no effect of loss of muscle mass